

HIGHLIGHTS

May 2010

A Bimonthly Newsletter for collaborative projects of Habib University Foundation and Youth Affairs Department Government of Sindh

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INSPIRE and iLEAD are public-private partnership projects of the Youth Affairs Department, Government of Sindh and Habib University Foundation (H.U.F.) with technical support being provided by the British Council.



Inspiring Leadership, Empowerment and Development in Youth

- iLEAD focuses on promoting a healthy life style, leadership & personal development in youth through sports education and community service
- iLEAD will build partnerships with 5 colleges and 25 schools in Karachi and Hyderabad
- iLEAD aims to develop a sports education curriculum, organize sports weeks, summer camps, sports festivals, coaching camps etc. for youth



Inspiring Pakistani Youth to Reach Excellence

- INSPIRE aims at providing youth with a platform for their personal growth, career enhancement and social development
- INSPIRE provides free of cost career education to youth for their career building in Information Technology, Retail Management, Digital Media, Call Center Industry, Fashion and Textile Designing
- Internships are an essential component of the INSPIRE learning experience



Youth Affairs Department
Government of Sindh



Habib University Foundation

Technical Partner



Foreword

INSPYRE and iLEAD have now entered the final quarter of 2009-2010. Both projects are on the verge of completing a full year. March and April 2010 were the busiest months in the lives of both projects. Completion of INSPYRE Cohort II and planning for INSPYRE Cohort III were key activities for the INSPYRE team. The completion of iLEAD tournaments and the commencement of refurbishment of sports facilities were key activities for the iLEAD team during the last two months.

We open-heartedly welcome your opinions and suggestions vis-à-vis both projects. Please share all of your thoughts at yasmeenbano@huf.org.pk

Hope you will enjoy reading this bimonthly issue of 'HIGHLIGHTS'!

Yasmeen Bano
Head Research and Projects

Facts and Figures

INSPYRE

- 96 students completed four INSPYRE Cohort II courses
- 26 students have been employed, whilst 26 students have got internships
- 123 INSPYRE students and 10 iACT alumni completed the Active Citizens Program
- 4 INSPYRE students were represented in the Inter Provincial Youth Exchange Program

iLEAD

- iLEAD sports tournaments come to a close
- 32 institutes, 44 teams and 400 athletes participated in the tournaments
- Refurbishment of sports facilities at iLEAD partner colleges have been planned

INSPYRE Highlights

INSPYRE Learning and Teaching

Completion of Personal and Career Development Module



A group photograph of INSPYRE students during Personal and Career Development training

The Personal and Career Development Module is a crucial component of the INSPYRE learning framework. The module has multi-faceted elements where students are facilitated to:

- learn the importance of teamwork
- cultivate leadership qualities
- develop effective communication skills
- become self-aware, responsible and proactive citizens
- learn to explore different career paths and how to search for a job
- become flexible workers, willing to change according to situational demands
- prepare for imminent job-related tasks including CV writing, the interview process and doing active follow ups

یہ بات سمجھ میں آئی کہ ہم اپنی زندگی پر غور کریں اور ہمیں اس کے ساتھ آگے جا کر کرنا کیا ہے۔

انسپائر طالب علم

INSPYRE students found this module to be extremely enriching. Many felt their confidence has risen, and they have grown as individuals and as members of the society.

ان ماڈیولز کے ذریعے یہ سیکھا کہ دوسروں کو عزت دینے کے لئے یہ ضروری ہے کہ اُن کی رائے کو پوری طرح سے سنا جائے۔

انسپائر طالب علم

پہلے میں سوچتا تھا کہ اکیلے ہی کام کرنا بہتر ہے، مگر اب مل کر کام کرنے کی اہمیت اور افادیت کا اندازہ ہوا۔

انسپائر طالب علم

ان ماڈیولز کے ذریعے اللہ کا شکر ادا کرنا آگیا اور یہ احساس ہوا کہ ہمارے پاس، بہت کچھ ہے۔

انسپائر طالب علم

INSPYRE Highlights

Completion of Four INSPYRE Cohort II Courses

A total of 96 students completed the following four courses of INSPYRE Cohort II in April 2010:

Course Name	Students
Call Center Agent Training	30
Textile Designing	30
Fashion Designing	23
Retail Store Operations	13
Total	96

The Retail Store Operations course was implemented in collaboration with **Makro Habib Pakistan**. Students gained hands-on experience in a practical setting. Makro staff members greatly supported the students.

iACT offers a complete package for personal and professional development under one roof.
INSPYRE Student

Planning for the Next Cohort

Planning for INSPYRE Cohort III has begun at iACT. Extensive meetings and brainstorming sessions were held to enrich the overall framework of INSPYRE, to take the program to new heights.

iACT is proud to offer three new courses entitled Fashion Designing Level 2, Dress

Although my father is a tailor, I wasn't very enthusiastic about the profession. This course has ignited passion in me, enabling me to join my father & design my own clothes.
INSPYRE Fashion Designing Student

The overall experience of the students was wonderfully rounded in that they acquired technical, professional and life skills. In particular, the Personal and Career Development module and the Active Citizens Program were well received by the students. The courses on graphic and web designing are in progress.

یہ ہم پر منحصر ہے کہ ہم کتنا سیکھنا چاہتے ہیں، اساتذہ کے پاس بہت کچھ ہے بتانے اور سکھانے کے لئے۔
انسپائر طالب علم

Ornamentation and 3D Animation alongside courses that were previously offered in Cohort II. Additionally, iACT and Makro Habib Pakistan have designed an enhanced program for Retail Store Operations, which includes the option to specialize in one department apart from general training.

Internship and Job Placement for INSPYRE Students

A key element of the INSPYRE learning framework is the internship. Upon completion of courses, students apply for internships, so that they can translate their theoretical skills gained at the Institute for Advancing Careers and Talents (iACT) into practice. Internships not only boost students' confidence level, but also provide them with the necessary experience for securing jobs. For INSPYRE Cohort II, a key achievement of the iACT faculty was to secure internships and jobs for 52 students.

iACT works closely with its partner organizations to facilitate its students in getting placements. To this end, iACT organized a job fair in April 2010. Employers that attended included Tameer Micro Finance Bank Ltd, Dawood Family Takaful, Nexcom, Quntech and The Consultants. Several students from Retail Management and Call Center Agent

- Number of students who got jobs: 26
- Number of students who got internships: 26
- Number of students developing ideas for their own business: 4

Training attended the fair, out of which 26 have secured full time jobs, and 26 internships.

The employers provided useful feedback for organizing future job fairs at iACT. INSPYRE students greatly appreciated the fair, finding it an effective tool to apply for jobs/internships and obtaining an immediate response.

Youth Development Activities

Bright Ideas Workshop by Tameer-Shell LiveWIRE Trust



Guest Speaker invited by Tameer-Shell LiveWIRE Trust coaches students

The Institute for Advancing Careers and Talents (iACT) encourages its students to garner entrepreneurial traits such that they are self-driven and motivated to start their own business. For interested students, Bright Ideas workshop was organized at iACT in collaboration with Tameer-Shell LiveWIRE Trust. 40 students attended, and were given information on how to start and run businesses. Students came up with great ideas, and will polish them further under the guidance of iACT faculty members and with the facilitation of the team from Tameer-Shell LiveWIRE Trust.

INSPYRE Students Organize Milad-e-Nabvi (S.A.W.) at iACT



INSPYRE student Fahad Ali recites a Naat at the Milad

INSPYRE students organized a Milad – e – Nabvi at iACT in April. All the arrangements were made by the students, reflecting in them a spirit teamwork and leadership. They executed the entire event professionally and successfully. The Milad included recitation of Holy Quran, Naat-e-Rasool-e-Maqbool and speeches on the life of the Holy Prophet (S.A.W.).

INSPYRE Highlights

Completion of Active Citizens Program by British Council



An Active Citizens Program training session underway at iACT

Active Citizens Program aims to instill a sense of responsibility in Pakistani youth. It encourages youth to work for community development. Organized for current students, alumni and other learners, these trainings were completed at iACT in March 2010. Habib University Foundation also facilitated program implementation at Karachi University, engaging students from the Women's Studies Department.

پہلے میں گھر سے باہر نکلتا تھا تو کہتا تھا میری گلی کتنی گندی ہے۔ مگر اب میں نے اپنی ذمہ داری سمجھ لی ہے اور میں نے محلے کی کینٹی جوائن کر لی ہے جن کے ساتھ میں مل کر گلی صاف رکھنے کا کام کر رہا ہوں۔
انسپائر طالب علم

Textile and Fashion Designing Students Exhibit their Work



INSPYRE students display their work at the exhibition

Developing students as entrepreneurs is one of iACT's focus areas. An exhibition was organized and managed at the Institute by INSPYRE Textile Designing and Fashion Designing students, where their work was displayed. Not only was there a large variety of work, but it was also excellently done.

INSPYRE Participates in Inter Provincial Youth Exchange Program

Recently, four INSPYRE students (Nazish, Asad, Ain ul Huba and Sidra) were selected to participate in an Inter Provincial Youth Exchange Program, where they visited several cities of Punjab. This week-long visit was arranged by Youth Affairs Department and facilitated by Mr. Khursheed Shaikh, Director Youth Affairs Department, Government of Sindh and Project Director INSPYRE and iLEAD.

This journey has helped me grow as a strong representative of Pakistan. It's high time we think beyond ourselves and our geographical demarcations, and work for our country's betterment.
Asad Rindani – INSPYRE Student

The students toured cultural landmarks of

I thank the Department for giving me the opportunity to participate in such a program. I now feel more committed towards making a difference for my country.

Sidra Tofique – INSPYRE Student

each city. They also got a chance to interact with several important personalities including Mian Shahbaz Sharif, Chief Minister of Punjab, who lauded the youth development initiatives taken by the Department.

The Program inspired feelings of patriotism and camaraderie among the students. Through exposure to various milieus, it deepened their understanding of Pakistan as a multicultural society. They were able to debate and reflect on youth development opportunities with other Pakistani youth.

Youth Career Seminars

iACT regularly organizes youth career seminars to expose INSPYRE students to respected professionals in Human Resource Management, The following seminars took place:

Careers Diversity and Trends in the 21st Century



Mr. Ali speaks to INSPYRE students

Mr. Syed Muzaffar Ali has been practicing HR management for the last 29 years in leading organizations at both the local and international level. Mr. Ali coached INSPYRE students on various aspects of career development.

Mr. Ali also shared with students the latest techniques adopted by employers for selecting and retaining people such as Behavioral Event Interview (BEI), Competency Assessment and Psychometric Assessments.

What Qualities will Make You the Employers' Choice



Ms. Kausar coaches INSPYRE students

Ms. Samina Kausar is a veteran HR Consultant, career counselor and trainer with extensive experience in various industries. Ms. Kausar spoke to students about the qualities employers look for in employees. These include positive thinking, confidence, adaptability, leadership, ability to work under pressure and taking ownership. Ms. Kausar was also a facilitator at the job fair arranged at iACT and has expressed willingness to partner with the Institute for future events and activities.

iLEAD Highlights

iLEAD Activities

Refurbishment of Sports Facilities at iLEAD Colleges

Facilitating colleges to enhance the quality of their sports facilities is one of the key deliverables of iLEAD. Both the iLEAD team and partner colleges have developed focused plans for refurbishment of sports facilities. These plans were developed keeping in mind the available budget, needs of the college and the level of student interest.

Habib University's Infrastructure Development and Planning Department provided technical support to each college, converting their ideas into technical proposals. Refurbishment activities are aspired to be initiated by the end of May.

Proposed Refurbishment Plan includes the upgradation:

- Three Volleyball/Throw ball Courts
- One Netball Court
- One Badminton Court
- One Badminton Hall
- Two Basketball Courts
- One Hockey Field
- One Cricket Pitch

Bringing iLEAD Faculty Together



Teamwork and learning from one another is a key feature of iLEAD. For this purpose, iLEAD organized a one day workshop in Karachi for iLEAD sports faculty of its partner colleges. Faculty members were engaged in team building activities, iLEAD summer camp plans were discussed and all colleges shared details about their parent schools through a gallery presentation.

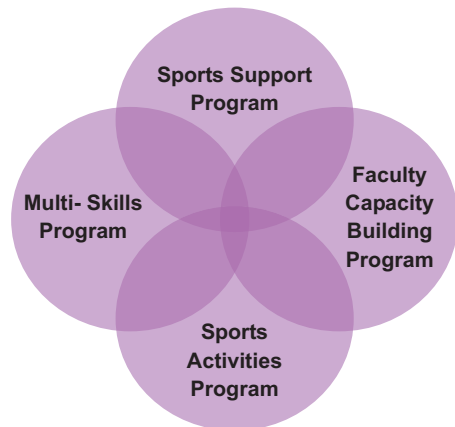
ہم اسپورٹس فیلڈ میں تو کام کرتے ہی ہیں مگر یہ سیکھنے کا ایک
انوکھا تجربہ تھا۔ ہم اس میں سے بہت کچھ اپنے بچوں کے
ساتھ کام کرنے میں بھی استعمال کریں گے۔
آئی لیڈ اسپورٹس فیلڈ

iLEAD faculty appreciated the experience of working together. They particularly appreciated the interactive nature of the workshop and felt valued since their ideas were taken seriously.

Working with Partner Schools

All iLEAD partner colleges have begun working with their partner schools. 25 partner schools have been selected, out of which nine are private and 18 are public. Girls' schools are well represented along with coeducation schools, with eight of the former and eight of the latter.

iLEAD colleges are undertaking the following programs with their partner schools:



Under Sports Support Program, iLEAD colleges help bolster the schools' existing sports activities through coaching, forming teams and registering for inter school competitions.

Through the Multi-Skills Program, basic sports skills will be developed among school children to enhance their physical activity in sports.

iLEAD Sports Faculty Participate in Sports Activities

Selection for the National Women's Cricket Championship



Sadaf Adnan, Assistant Sports Faculty iLEAD at Government Degree Girls College Green Belt represented Karachi in the National Cricket Tournament in March. Her team qualified to play in the final, from which they emerged as runners up. They played against a very strong Zaria Tarakiyati Bank team. Sadaf's role was instrumental in reaching the final match: in spite of being a medium pacer, she performed quite well with the bat. Batting at number seven, she made a total of 114 runs throughout the tournament, giving her side the necessary depth to help it qualify for the final.

Participation in Basketball Coaching Camp

iLEAD sports faculty members Adnan Ashraf of the Institute for Advancing Careers and Talents and Wajiha Siddiqui and Sadaf Adnan of Government Degree Girls College Green Belt attended a three day basketball refresher course conducted by the Sind Amateur Basketball Association.

Attending Netball Camp

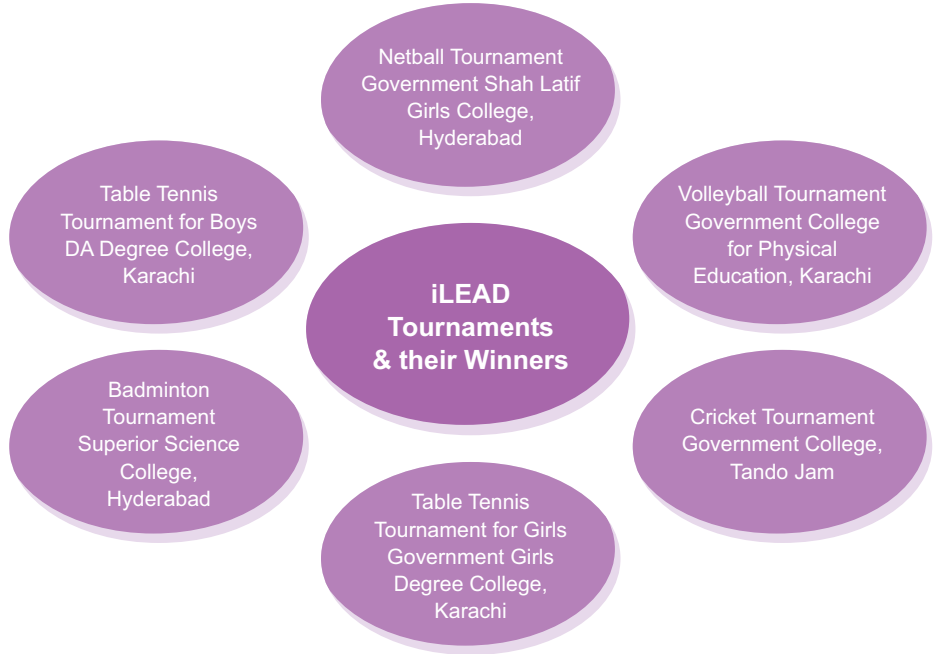
Wajiha Siddiqui and Sadaf Adnan also attended a 3 day Refresher course organized by Pakistan Netball Federation (Karachi).

iLEAD Highlights

iLEAD Tournaments

During March and April, all iLEAD partner colleges organized iLEAD tournaments to engage youth in healthy competition. To provide equal opportunities to all, entry in each tournament was free. Six tournaments were organized, of which three were played on single league system and three were organized on knockout system.

جو اقدام پہلے لینے تھے وہ اب لیے جا رہے ہیں اور آئی لیڈ ان میں سے ایک ہے۔ جو ادارے ان کے ساتھ کام کر رہے ہیں وہ سب بھی قابل تحسین ہیں۔ حبیب یونیورسٹی فاؤنڈیشن کا اقدام، چیئرمین آف کامرس کا اقدام اور یوتھ افیئرز ڈپارٹمنٹ کا تعاون قابل تحسین ہے اور امید ہے کہ یہ ایک ایسا گلدستہ بنائے گا جس کی خوشبود و دور تک پھیلتی گی۔
جناب ایس ایم سبطین
ایڈوائزر برائے صدر ٹیبل ٹینس فیڈریشن پاکستان



iLEAD Table Tennis Tournament for Boys

A Table Tennis Tournament for Boys was organized by Government City College, Moosa Colony Karachi in March. Young athletes of ten teams from public and private institutes participated in the event. Mr. Raziq H. Rabbani, Sports Consultant, Sindh Sports Board Complex inaugurated the tournament and appreciated the efforts of the college and iLEAD for sports promotion in youth. The tournament was fiercely contested by competent teams.

Dr. Muhammed Ali Shah, Minister for Sports, Government of Sindh attended the closing ceremony. He lauded the efforts of the college to promote sports, pledging to help it gain access to a cricket ground to facilitate practice of young athletes.



Final match in session



Captains take oath

Winners:

D.A. Degree College, Karachi

Runners Up:

Fatimiyah Boys College, Karachi

میں اسپورٹس بورڈ کی طرف سے آپ کو دعوت دیتا ہوں کہ اس ٹورنامنٹ میں کھیلنے کے بعد اسپورٹس بورڈ میں موجود سہولتوں سے بھی فائدہ اٹھائے اور کراچی اور پاکستان کا نام روشن کریں۔
جناب رازیق ربابی



Dr. Muhammed Ali Shah addresses the closing ceremony



Mr. Raziq Rabbani addresses the opening ceremony

iLEAD Highlights

iLEAD Cricket and Badminton Tournaments



Mr. Baig inaugurates the cricket tournament

An iLEAD T20 Cricket Tournament and a Badminton Tournament were the initiatives of Government College Hyderabad, Phuleli. A striking feature of these tournaments was its outreach: apart from Hyderabad, teams from Kotri and Tando Jam participated. Altogether eight cricket and eight badminton teams participated enthusiastically. Teams were witnessed playing high quality games at Historical Badminton Hall and the College's well maintained cricket ground.

Dr. Mizra Imam Ali Baig, Regional Director Colleges, Hyderabad graced the occasion as Chief Guest. He led the oath taking and kicked off both tournaments.

The closing ceremony of both tournaments was held after the final cricket match. Mr. Iqbal Panwar, Pro Vice Chancellor Sindh University was the Chief Guest at the

کھیل انسان کی جسمانی صلاحیتوں کے ساتھ ساتھ اسکے اخلاق، قائدانہ خصوصیات اور حالات سے مقابلہ کرنے کی صلاحیت پیدا کرتا ہے۔
ڈاکٹر مرزا امام علی بیگ



A badminton match in session



Winning team celebrate after winning the final

Sports activities are one of the most important parts of human life and iLEAD is doing this job which is wonderful and I am really thankful to them. They are taking a keen interest towards the improvement of healthy activities.
Prof. Dr. Yasmeen Iqbal Qureshi

Ceremony. Dr. Yasmeen Iqbal Qureshi, Professor and Director Center for Health and Physical Education, Sindh University, Prof. Iqbal Ahmed Qureshi and Prof. Idrees, Ex-Director Colleges, Hyderabad Region were among other distinguished guests.

Cricket Tournament Runners Up:
Comprehensive College Hyderabad
Cricket Tournament Winners:
Government College Tando Jam

Badminton Tournament Runners Up:
Government College Hyderabad
Badminton Tournament Winners:
Superior Science College Hyderabad



Dr. Panwar presents the trophy to the winning badminton team

iLEAD Netball Tournament

Government Shah Latif Girls College Hyderabad hosted an iLEAD Netball Tournament. Five teams of Hyderabad region participated, impressing the audience with their talents and skills. Mr. Abdul Razziq Arain, President Pakistan Netball Federation inaugurated the tournament. Mohammed Idrees Khan, Ex-Director Colleges Hyderabad Region and Ms. Shahida Shaikh, Lady Sports Officer, Education Board Hyderabad were among other distinguished guests.

جیتنے والا تو خوش ہوتا ہی ہے مگر ہارنے والے کو بھی خوش ہونا چاہیے کہ اسے اور بھی صلاحیت حاصل کر لی ہے۔
جناب عبدالرزاق آرائیں

Mr. Syed Tayyab Hussain, Member National Assembly from Hyderabad and Dr. Mirza Imam Ali Baig, Regional Director Colleges, Hyderabad attended the closing ceremony. The guests appreciated the College's and iLEAD's endeavors to promote sports.



A netball match in session

Winners:
Government Shah Latif Girls College, Hyderabad
Runners Up:
Pigget Higher Secondary School



Mr. Hussain presents the trophy to the winning team

iLEAD Highlights

Sports Education Curriculum: A Curriculum for Nurturing Healthy Minds and Bodies

Developing a sports education curriculum is the core deliverable of iLEAD. Using a research based approach, the iLEAD team is working diligently on designing the curriculum:

Sharing the Curricular Framework with Experts

iLEAD team met several experts to obtain their opinion on the curriculum in order to refine its framework. The team met with the following experts:

► *Mr. Haroon Rashid, Director Game Development, National Cricket Academy Lahore*

The iLEAD team has benefitted greatly from the insight of Mr. Haroon Rashid. In his interactions with the team, he identified the challenges Pakistan faces in nurturing competent athletes, such as poverty and lack of education. He emphasized the importance of promoting sports at college level such that qualified young people are engaged and their overall personality is developed. He advised the team to integrate the sports education framework within the academic framework, such that sports become part of the overall institutional culture.

I am highly impressed with the way your team has progressed. I am positive that if you work on a continual basis, you would be able to create a curriculum where sports could play an integral role in the development of our future generation.

Mr. Haroon Rashid

► *Meeting with Professor Dr. Yasmeen Iqbal Qureshi*

Dr. Yasmeen Iqbal Qureshi is the Director for Center for Health and Physical Education, Sindh University, Jamshoro. She is a female legend in Pakistani Physical Education. iLEAD team visited the Center at Sindh University, Jamshoro, which houses a state of the art Gymnastics Academy along with other sports facilities. Professor Qureshi acknowledged the curriculum's comprehensive nature. She advised the team to set performance standards and benchmarks to track the progress of athletes and assess the quality of coaching.



Professor Qureshi assured her team's support in helping with curriculum design and implementation.

► *Sharing Session with Professor Rana Hussain*

Ms. Rana Hussain (Assistant Professor and Head Graduate Programs, Aga Khan University-Institute for Educational Development) possesses a vast experience of curriculum development. After sharing the curriculum with her, Ms. Hussain advised the team to think creatively for designing an implementation framework. She highlighted the importance of forming multi-age groups, and providing an opportunity to students for collaborative learning by breaking regular class boundaries.

► *Engaging School of Leadership*

The curriculum was also shared with School of Leadership (SoL). A detailed presentation was made by the iLEAD team, and possibilities of partnerships were explored. SoL appreciated the framework, finding it to be quite comprehensive.

Upcoming Events & Activities

- Completion of admission, testing and interviewing process for INSPYRE Cohort III
- Commencement of nine classes for INSPYRE Cohort III
- Launch of Entrepreneurship Program in collaboration with Tameer-Shell LiveWIRE Trust
- Continuation of iLEAD Faculty Training Program
- Commencement of Refurbishment of Sports Facilities
- Organizing Sports Summer Camp at iLEAD partner institutes and schools
- Meetings with iLEAD partner schools

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